



The 'National' personal development scheme

Score to be attained for 4 Dozen arrows shot at each distance.

Bow Style	20yds	30yds	40yds	50yds	60yds
Ladies Recurve	376	314	244	174	118
Gents Recurve	402	356	306	250	194
Ladies Compound	406	366	320	270	216
Gents Compound	424	396	366	332	294
Ladies Barebow	304	192	104	54	28
Gents Barebow	348	266	178	110	66
Ladies Longbow	270	148	70	32	16
Gents Longbow	332	236	146	82	46

Scheme developed by Tony Smith from the Archery GB Handicap tables (G0702) Shooting Admin Procedures and based on the National Round. June 2022